



**WOODSBORO EAGLES/LADY
EAGLES
ATHLETIC HANDBOOK**

2023-2024

EAGLE FAMILY-ALL IN!!!

Woodsboro Athletic Policies



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Woodsboro Athletic Policies

WOODSBORO ATHLETICS MISSION AND VISION



Vision of EAGLE Athletics

The vision of the Woodsboro Athletic program is to intentionally create fertile ground for students of Woodsboro to be the most successful person they can be in every facet of life.

Mission of EAGLE Athletics

The mission of the Woodsboro Athletic program is to be relentless and enthusiastic in the daily pursuit of being the best we can be as a person, as a student, as a player, and as a teammate for the sake of our Woodsboro Eagle Family!

Woodsboro Athletic Policies

DRESS AND GROOMING:

Boys:

- A. No facial hair allowed. Sideburns will be above the earlobe.
- B. Boys will wear neat and clean conventional haircuts of natural color.
- C. No jewelry during workouts, practices, or competitions are allowed, no earrings will be worn, on school grounds or at any school function in or out of town.
- D. Only WISD theme headbands or bandanas will be worn.
- E. Sagging pants are not allowed.
- F. Athletes **MAY NOT** wear school issued equipment outside the athletic setting unless approved by AD or Head coach of Sport.

Girls:

- A. Hair should be conventional and of natural color (black, brown, blonde, red).
- B. Hair should be pulled back, using no metal or plastic clips during workouts, practices, or competition
- C. No jewelry during workouts, practices, or competitions
- D. No exposed midriffs during practice, workouts, or competition
- E. Excessive makeup is not to be worn during practice, workouts, or competition
- F. Athletes **MAY NOT** wear school issued equipment outside the athletic setting unless approved by AD or Head coach of Sport.

IN SEASON / OFF SEASON PRACTICES AND WORKOUTS: ALL SPORTS

- A. Late for practice or workout (1/2 mile)
- B. Absent from practice or workout **with** notification (1 mile and sport specific skills)
- C. Absent from practice or workout **without** notification (2 miles and sport specific skills) (Excessive unexcused=removal from team/athletic period)
- D. In-school suspension (ISS) / DAEP (2 miles for each day. Miles cannot be started until time has been served. Athletes cannot participate in competition until time has been served and makeups have been completed. Athletes can practice, but **CAN NOT compete or participate if competition or function is on game day(excluding athletic banquet/Parent night) while serving in ISS. Athletes cannot practice while serving in DAEP.)**
- E. Athletes with injuries will dress out, but will not participate in activities.

Excessive absences from workouts, or ISS / DAEP placement, could result in suspensions and or dismissal from athletics.

****ANY action or behaviors that are deemed to be unbecoming of a WISD athlete can result in suspension or removal from WISD athletic program***

CONTESTS, PRACTICE, LOCKER ROOM, and WEIGHT ROOM:

- A. Profanity will not be tolerated.
- B. Keep the locker room and locker neat at all times.
- C. No horseplay in the locker room, field house, weight room, or at practice.
- D. Do not borrow a teammate's equipment.
- E. Put cups, cans, and trash in the proper place.
- F. Insubordination will not be tolerated **
- G. Stealing will not be tolerated **

(A-E) infractions will result in (1/2 mile) and correction of problem

** (F-G) Infractions-Will be handled case by case....Could result in dismissal from athletics

Woodsboro Athletic Policies

FELONY OFFENSES, DRUGS, ALCOHOL, and TOBACCO:

- A. Any formal **FELONY** offense will result in immediate dismissal.
- B. Random drug testing will be utilized (See Attached Policy)
- C. Tobacco/Drinking alcohol and/or Vaping will not be permitted (See Attached Policy)
- D. An M.I.P. constitutes a drinking violation (See Attached Policy)
- E. Any formal arrests for misdemeanor or other will result in a suspension and make-ups on a case by case basis.
 - (A) violations; dismissal will be for 1 calendar year.
 - (B,C, D) violations; see attached policy.

Formal Offense: arrest, citation, charge, positive drug test or any other formal action by law enforcement Authority or any school administrator.

GRADES:

- A. Academically ineligible athletes **must** attend tutoring until passing-either with teacher or in study hall AFTER practice or before school as assigned
- B. Any athlete who is academically ineligible during a sport may not receive any award of recognition for that sport.(Lettering, All-District Nominations, End of Year Superlatives)
- C. Athletes will complete extra conditioning after practice or during athletics each day for each course grade below a 75 on weekly grade checks until that course grade is above a 75.
- D. Any athlete that is considered academically ineligible for any 2 Report Card grading periods will be removed from the athletic period.

MAKEUPS: Makeups must be completed prior to competing in the next contest.

PARTICIPATION:

In the event a student is unable to fulfill the participation expectation, the Athletic Director and the student's parent will meet to find an agreeable outcome

In order for an athlete to compete in the athletic program they are expected to be enrolled in the athletic period; participate in ONE or MORE fall or winter sports, and ONE or MORE Spring Sports.

Fall/ Winter Sports : 1 Spring Sports:1

Cross Country	Baseball
Football	Softball
Volleyball	Tennis
Basketball	Track
Powerlifting	Golf

SCHOOL ISSUED EQUIPMENT:All school issued equipment will be returned to the appropriate coach at the conclusion of the season. No equipment will be issued in any following sport until all equipment is returned or paid for

Woodsboro Athletic Policies

ELIGIBILITY:

Students must meet U.I.L. requirements in order to participate in school-sponsored athletic events. In addition, students must be in good standing with the athletic department in order to compete in athletic events, which will be determined by the Athletic Director and the Head Coach of each sport.

ATHLETIC INSURANCE:

Our athletic insurance is blanket coverage. This policy is supplemental coverage and students must file on their own insurance before claims will be paid. If a student does not have insurance, the policy will pay up to their maximum claim. Claims must be made promptly. Claim forms are available in the business office, and with the Athletic Director. The athletic department will send a claim form with the parents of athletes who are sent for medical attention. A copy of that claim form will be sent to the insurance company by the business office. It is advised that the parents also send the claim form with attached bills to the insurance company.

TRAVEL:

Athletes will travel to and from all athletic events under the supervision of at least one coach employed by the district for all team sports (Football, Volleyball, Basketball, Baseball, Softball). Exception: Parent/Guardian must travel outside of Woodsboro, medical emergency, inevitable circumstances. Students participating in *Individual* sports (Cross Country, Powerlifting, Track, Golf, Tennis) may be allowed to travel home with their parent/guardian after the parent/guardian physically speaks with the coach and signs that athlete out. If a student travels with someone other than parent/guardian, arrangements for that travel need to be made in advance. Athletes will only be released to adults that the head coach is made aware of by signed note or email in advance-they WILL NOT be released to other students and must still physically speak with the coach and sign that athlete out.

INJURIES:

Student athletes must notify a coach of any injuries before leaving a practice or game. Woodsboro ISD will make every attempt to have a trainer to evaluate your athlete and the process for injury should start there. Taking care of minor injuries may prevent them from becoming major injuries. If the parent decides that the athlete needs to see a doctor, please contact the coach so he or she can pass along the proper medical forms. This will also help delays in payment by the school's insurance company. All injuries must be treated immediately.

ATHLETIC LETTERING POLICY:

U.I.L. rules prohibit athletes from accepting anything of value other than as listed in these policies. All athletes must strictly adhere to all training, attendance, conduct, discipline, and appearance rules set forth in these policies for the entire school year before being considered for an athletic award. All academic eligibility rules must be met. It must be clearly understood that the coach recommends an athlete for an award. This recommendation is then submitted to the athletic director for approval. It should be noted that all awards are incentive awards. In the Woodsboro ISD, a letter jacket will be awarded if the athlete has met all the criteria. According to U.I.L. policy, a student may receive only one jacket during the four years in high school. See Woodsboro I.S.D. coaching staff for lettering requirements in each individual sport. If an athlete does not complete a sport in good standing, they will not be approved for a letter jacket. Examples could be: suspensions, academically ineligible, quitting, etc.

Woodsboro Athletic Policies

HAZING

Hazing is defined as any intentional, knowing or reckless act occurring on or off campus directed against a student that endangers the mental or physical health or the safety of a student for the purpose of pledging, being initiated to, affiliating with, holding office in, or maintaining membership in any organization whose members are, or include, other students.

Hazing will not be tolerated by the athletic department or school district. If an incident of hazing occurs, disciplinary consequences will be handled in accordance with the Student Code of Conduct as well as additional consequences which could include suspension, or removal, from the athletic program. It is a criminal offense if a person engages in hazing; solicits, encourages, directs, aids or attempts to aid another in hazing; or has firsthand knowledge of an incident of hazing being planned or having occurred and fails to report this to a coach, principal or superintendent.

TRIAL PERIOD

At the beginning of each sport, a “trial period” of up to **2 weeks or 1st competition** will be given to athletes only in JH. During this time, an athlete may try a sport by attending practices in order to decide if he /she desires to play the sport. During the trial period, an athlete may decide not to participate in the sport without any suspension required under the quitting rules. After the cut-off date for the trial period, all quitting rules will be followed. This “trial period” rule is designed to encourage athletes who are curious or interested in a sport to give it a try. The trial period for football, volleyball and cross country will begin on the first day of practice. The trial period for all other sports will begin the day after the previous sport has ended.

ONCE A HIGH SCHOOL STUDENT HAS SIGNED UP/COMMITTED TO A SPORT THE QUITTING POLICY IS IN EFFECT. IF THEY SIGN UP AND DO NOT COMPETE THEY WILL BE CONSIDERED TO HAVE QUIT THAT SPORT.

QUITTING

Any athlete who starts a sport will be expected to finish that particular sport (after the trial period). Any athlete walking off the field or gym floor during a practice or game, or refusing to participate when called upon, will be considered by the coach to have quit. When an athlete quits- he/she will be given a 24-hour cooling off period. If after that time, he/she still wishes to quit, he/she will need to meet with the head coach of that sport and let them know they want to quit. After this initial meeting, a parent conference will be held with the head coach, Athletic Director, parent, and student to discuss the issue. If the student and parent decide it is best for them to quit, he/she **WILL BE REMOVED FROM THE ATHLETIC PERIOD AND FROM COMPETITION FOR 1 CALENDAR YEAR.** If an athlete, after quitting, wants to come back to that sport or any other sport before the 1 year window, he/she will have to get approval from the Athletic Director and wait until the next season to participate. The head coach and Athletic Director will make the final decision to allow an athlete back in that sport. The head coach and Athletic Director may make an exception to this rule when an event outside of the control of the athlete or his/her family causes the athlete to drop a sport.

CHAIN OF COMMAND:

1-Assistant Coach, 2-Head Coach, 3- Athletic Director, 4- Superintendent, 5-School Board-IN THAT ORDER. You will be referred back to the previous level of consultation if you have not met with that individual to address the issue.

Woodsboro Athletic Policies

ALCOHOL, TOBACCO, VAPING CONSEQUENCES-CUMULATIVE OVER ENTIRE ATHLETIC CAREER

Participation in athletics is one of the finest ways for our young people to develop into responsible men and women. This participation requires our young people to make sacrifices and hold higher standards, which will benefit the athlete and the team. One of the most important standards any athlete or athletic program can set is the commitment to abstain from alcohol and drugs.

In an attempt to promote honesty among our athletes, the Woodsboro Athletic Department will enforce the following athletic policy. This policy provides athletes with an opportunity to continue to be a member of their athletic teams and takes their honesty into consideration; while still suffering the consequences of breaking policies.

1st Formal offense / with disclosure

Automatic suspension for 2 calendar weeks, including contests, plus (20) miles. Running will be supervised by a coach and must be completed before eligible for the next contest.

2nd Formal offense / with disclosure

Automatic suspension for 4 calendar weeks, including contests, plus (40) miles. Running will be supervised by a coach and must be completed before eligible for the next contest.

3rd Formal offense

Athletes will lose athletic eligibility for one calendar year.

Failure to complete any of the above stipulations constitutes removal from the athletic program.

If an athlete fails to report or denies a violation, and that violation is later revealed:

1st offense will be counted as 2nd offense.

2nd offense will be counted as the 3rd offense.

***Formal offense** – arrest, citation, charge, or any other formal action by a law enforcement authority or any school administrator.

Athletic Director and Principal will meet with parent(s) and the student to discuss consequences and this policy upon a recognized formal offense.

Woodsboro Athletic Policies

DRUG USAGE CONSEQUENCES

Participation in athletics is one of the finest ways for our young people to develop into responsible men and women. This participation requires our young people to make sacrifices and hold higher standards, which will benefit the athlete and the team. One of the most important standards any athlete or athletic program can set is the commitment to abstain from alcohol and drugs.

DRUG TESTING-CUMULATIVE OVER ENTIRE ATHLETIC CAREER

Random drug testing will occur for any students involved in an extracurricular activity. Suspicion based drug testing can be utilized based upon a student's behavior and/or tip from a source that indicates a problem with drug abuse. Any positive result will result in the student receiving prescribed consequences and/or counseling according to the Student Code of Conduct and/or extra-curricular handbook(s). This includes OTC hemp, CBD or THC that produces a positive drug test.

In an attempt to promote honesty among our athletes, the Woodsboro Athletic Department will enforce the following athletic policy. This policy provides athletes with an opportunity to continue to be a member of their athletic teams and takes their honesty into consideration; while still suffering the consequences of breaking policies.

1st Formal offense / with disclosure

Automatic suspension for 4 calendar weeks, with counseling, including contests, plus (20) miles. Running will be supervised by a coach and must be completed before eligible for the next contest.

2nd Formal offense / with disclosure

Automatic suspension for 12 weeks, with counseling, including contests, plus (40) miles. Running will be supervised by a coach and must be completed before eligible for the next contest.

3rd Formal offense

Athletes will lose athletic eligibility for one calendar year.

Failure to complete any of the above stipulations constitutes removal from the athletic program.

If an athlete fails to report or denies a violation, and that violation is later revealed:

1st offense will be counted as 2nd offense.

2nd offense will be counted as the 3rd offense.

***Formal offense** – arrest, citation, charge, **positive drug test**, or any other formal action by a law enforcement authority or any school administrator.

*****Athletic Director and Principal will meet with parent(s) and students to discuss consequences and this policy upon a recognized formal offense.*****

Woodsboro Athletic Policies

Participation in Woodsboro Athletics is a privilege, not a right! These rules and policies are to establish expectations, consistency, and the TEAM concept in the athletic program. Unwillingness to follow rules / policies will result in dismissal from the athletic program.

It is the policy of Woodsboro ISD not to discriminate on the basis of sex, disability, race, religion, color, or national origin in its educational programs and/or activities or in its employment practices. The policies and procedures herein are subject to reasonable accommodations and/or modifications as determined necessary by a student's 504 Committee or Admission Review and Dismissal Committee.

Policies effective:

8/1/2023

Woodsboro Athletic Policies

I _____ have received and read the Woodsboro Athletic Code of Conduct and Policy Guidelines. I understand that in order to participate in athletics in the Woodsboro Independent School District that I must comply with the policies as stated in this guide.

Student Signature: _____ Date: _____

I _____, parent/guardian of _____, have received and read the Woodsboro Athletic Code of Conduct and Policy Guidelines. I understand that in order for my child to participate in the athletic program, he/she must comply with the policies set forth in this guide.

Parent Signature: _____ Date: _____

Failure to sign and return this form does not exempt you from the athletic policy. If an athlete does not return this signed form within the timeline allotted by the Coach, the student will be removed from the athletic program.